

Please answer the following questions as fully as possible

1. Place a check mark next to each item that you experience.

- | | | |
|--|---|---|
| <input type="checkbox"/> sleep difficulty | <input type="checkbox"/> loss of appetite | <input type="checkbox"/> increased appetite |
| <input type="checkbox"/> crying spells | <input type="checkbox"/> sad feelings | <input type="checkbox"/> irritable mood |
| <input type="checkbox"/> depressed mood | <input type="checkbox"/> trouble concentrating | <input type="checkbox"/> desire to be alone |
| <input type="checkbox"/> anxious feelings | <input type="checkbox"/> angry outbursts | <input type="checkbox"/> loss of interest in activities |
| <input type="checkbox"/> decreased sexual desire | <input type="checkbox"/> thoughts of death | <input type="checkbox"/> suicidal thoughts |
| <input type="checkbox"/> intense panic | <input type="checkbox"/> extreme apathy | <input type="checkbox"/> trouble waking up |
| <input type="checkbox"/> low energy | <input type="checkbox"/> low self esteem | <input type="checkbox"/> hopelessness |
| <input type="checkbox"/> worthlessness | <input type="checkbox"/> Guilt | <input type="checkbox"/> isolation |
| <input type="checkbox"/> Loss | <input type="checkbox"/> Stress | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Loneliness | <input type="checkbox"/> Heart pounding/racing | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Trembling/shaking | <input type="checkbox"/> Chills/ Hot flashes | <input type="checkbox"/> Sweating |
| <input type="checkbox"/> Tingling/numbness | <input type="checkbox"/> Fear of dying | <input type="checkbox"/> Nausea |
| <input type="checkbox"/> Fear of going crazy | <input type="checkbox"/> Phobias/fears | <input type="checkbox"/> Nightmares |
| <input type="checkbox"/> Obsessions | <input type="checkbox"/> Compulsive behavior | <input type="checkbox"/> racing thoughts |
| <input type="checkbox"/> Intrusive thoughts | <input type="checkbox"/> Relationship problems | <input type="checkbox"/> Sexual problems |
| <input type="checkbox"/> Physical abuse | <input type="checkbox"/> Sexual abuse | <input type="checkbox"/> Spousal abuse |
| <input type="checkbox"/> Blackouts | <input type="checkbox"/> Excessive drinking | <input type="checkbox"/> drug abuse |
| <input type="checkbox"/> Prescription abuse | <input type="checkbox"/> Over spending/gambling | |

2. Allergies _____

3. When was your last visit to you doctor? _____

4. Please list any medications you are taking _____

5. Please list any medical conditions you are experiencing _____

6. Use of Alcohol/Drugs _____

7. Use of Cigarettes/Caffeine _____

8. In your family is there a history of; alcoholism/substance abuse _____, mental illness _____, Suicide/attempts _____

9. What is happening in your life which resulted in this appointment? _____

10. What would you like to see accomplished in therapy? _____
